



Designed and made by Sally Ablett – Table runner 1

Size of runner 39" x 51" - unfinished block size $3\frac{1}{2}$ " x $6\frac{1}{2}$ " - $3\frac{1}{2}$ " x $3\frac{1}{2}$ "



Main Diagram

Fabrics from Norwegian Christmas collection

Requirements

1. AC7A - Straw decoration large - red - $\frac{5}{8}$ yd
2. AC8A - Poinsettia - red - fat $\frac{1}{4}$
3. AC9C - Norwegian Christmas - blue - fat $\frac{1}{4}$
4. AC10C - Christmas eve - blue - fat $\frac{1}{4}$
5. AC11B - Straw decoration small - green - fat $\frac{1}{4}$
6. AC12C - Reindeer - blue - fat $\frac{1}{4}$
7. BB01 - White - 1yd
8. BB151 - Gold - $\frac{3}{8}$ yd

Wadding and backing 45" x 58"

All measurements include $\frac{1}{4}$ " seam allowances; press each seam as you go.

You need to join your fabric to get the length for the border strips.

Cutting

From fabric 1 cut

2 x $3\frac{1}{2}$ " x $51\frac{1}{2}$ " sides

2 x $3\frac{1}{2}$ " x $33\frac{1}{2}$ " top & bottom

From each of the fabrics 2, 3, 4, 5 and 6 you need to cut

5 x $7\frac{1}{4}$ " x $7\frac{1}{4}$ " cut in half diagonally twice - Flying Geese block

From fabric 7 cut

60 x $3\frac{7}{8}$ " x $3\frac{7}{8}$ " cut in half diagonally once - for Flying Geese

5 x 2" x WOF for sashing strips

From fabric 8 cut

4 x 2" x WOF for sashing strips

Making up the blocks



Block 1 - Flying Geese



Block 2 - Four patch

Flying Geese block. Lay out the fabric pieces as in block diagram. Sew by numbers. Stitch the long side of the small triangle to the long side of the large triangle, press and then do the same to the other side.

You need 60 blocks in total.

Four patch blocks.

Stitch the fabrics strips 7 & 8 together down the long edge with a ¼" seam, press open. Now cut strips into a 2" x 3½" piece. You need 90 strips in total.

As in block 2 diagram sew two strips together to make a square. You need 15 squares for each row.

Make up the runner.

Lay out the blocks as in the main diagram. Stitch down in rows. Next sew the rows together to complete the runner center.

Border

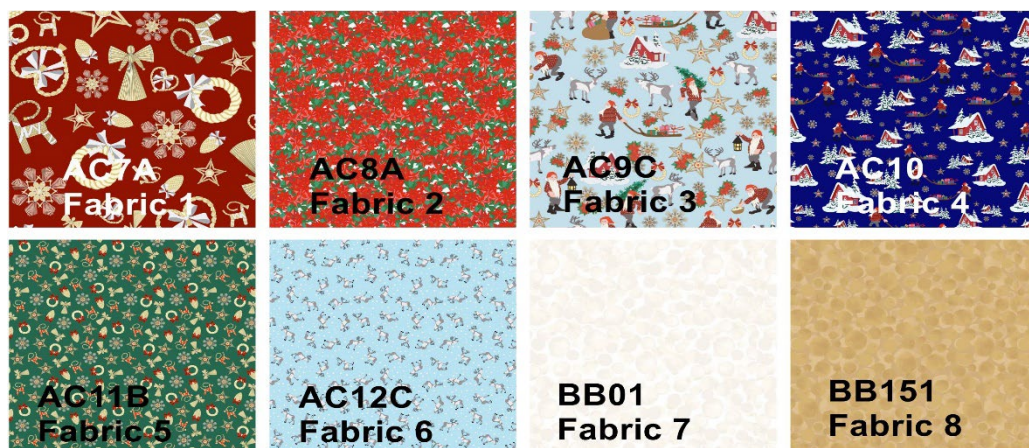
Sew the top and bottom to the runner, press back. Next add the sides to complete the runner top.

Quilting and binding

Sandwich the quilt top, wadding and backing together.

Quilt by hand or machine as desired. Trim the backing and wadding to size of quilt.

Use your favorite method from fabric 1 to bind the quilt.



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Designed and made by Sally Ablett – Table runner 2

Size of runner 39" x 51" - unfinished block size $3\frac{1}{2}" \times 6\frac{1}{2}"$ - $3\frac{1}{2}" \times 3\frac{1}{2}"$



Main Diagram

Fabrics from Norwegian Christmas collection

Requirements

1. AC7B - Straw decoration large - green - $\frac{5}{8}$ yd
2. AC8B Poinsettia - green - fat $\frac{1}{4}$
3. AC9B - Norwegian Christmas - green - fat $\frac{1}{4}$
4. AC10B - Christmas eve - green - fat $\frac{1}{4}$
5. AC11A - Straw decoration small - white - fat $\frac{1}{4}$
6. AC12B - Reindeer - green - fat $\frac{1}{4}$
7. BB01 - White - 1yd
8. BB23 - Post-box red - $\frac{3}{8}$ yd

Wadding and backing 45" x 58"

All measurements include $\frac{1}{4}$ " seam allowances; press each seam as you go.

You need to join your fabric to get the length for the border strips.

Cutting

From fabric 1 cut

2 x $3\frac{1}{2}$ " x $51\frac{1}{2}$ " sides

2 x $3\frac{1}{2}$ " x $33\frac{1}{2}$ " top & bottom

From each of the fabrics 2, 3, 4, 5 and 6 you need to cut

5 x $7\frac{1}{4}$ " x $7\frac{1}{4}$ " cut in half diagonally twice - Flying Geese block

From fabric 7 cut

60 x $3\frac{7}{8}$ " x $3\frac{7}{8}$ " cut in half diagonally once - for Flying Geese

5 x 2" x WOF for sashing strips

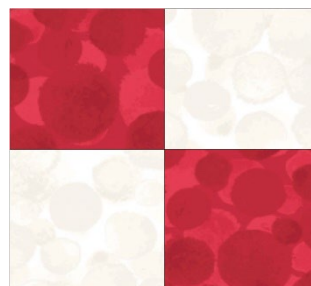
From fabric 8 cut

4 x 2" x WOF for sashing strips

Making up the blocks



Block 1 - Flying Geese



Block 2 - Four patch

Flying Geese block. Lay out the fabric pieces as in block diagram. Sew by numbers. Stitch the long side of the small triangle to the long side of the large triangle, press and then do the same to the other side.

You need 60 blocks in total.

Four patch blocks.

Stitch the fabrics strips 7 & 8 together down the long edge with a ¼" seam, press open. Now cut strips into a 2" x 3½" piece. You need 90 strips in total.

As in block 2 diagram sew two strips together to make a square. You need 15 squares for each row.

Make up the runner.

Lay out the blocks as in the main diagram. Stitch down in rows. Next sew the rows together to complete the runner center.

Border

Sew the top and bottom to the runner, press back. Next add the sides to complete the runner top.

Quilting and binding

Sandwich the quilt top, wadding and backing together.

Quilt by hand or machine as desired. Trim the backing and wadding to size of quilt.

Use your favorite method from fabric 1 to bind the quilt.





Designed and made by Sally Ablett – Table runner 3

Size of runner 39" x 51" - unfinished block size $3\frac{1}{2}" \times 6\frac{1}{2}"$ - $3\frac{1}{2}" \times 3\frac{1}{2}"$



Main Diagram

Fabrics from Norwegian Christmas collection

Requirements

1. AC7C - Straw decoration large - blue - $\frac{5}{8}$ yd
2. AC8C - Poinsettia - blue - fat $\frac{1}{4}$
3. AC9A - Norwegian Christmas - cream - fat $\frac{1}{4}$
4. AC10B - Christmas eve - green - fat $\frac{1}{4}$
5. AC11B - Straw decoration small - green - fat $\frac{1}{4}$
6. AC12A - Reindeer - red - fat $\frac{1}{4}$
7. BB01 - White - 1yd
8. BB150 - Blue 1. - $\frac{3}{8}$ yd

Wadding and backing 45" x 58"

All measurements include $\frac{1}{4}$ " seam allowances; press each seam as you go.

You need to join your fabric to get the length for the border strips.

Cutting

From fabric 1 cut

2 x $3\frac{1}{2}$ " x $51\frac{1}{2}$ " sides

2 x $3\frac{1}{2}$ " x $33\frac{1}{2}$ " top & bottom

From each of the fabrics 2, 3, 4, 5 and 6 you need to cut

5 x $7\frac{1}{4}$ " x $7\frac{1}{4}$ " cut in half diagonally twice - Flying Geese block

From fabric 7 cut

60 x $3\frac{7}{8}$ " x $3\frac{7}{8}$ " cut in half diagonally once - for Flying Geese

5 x 2" x WOF for sashing strips

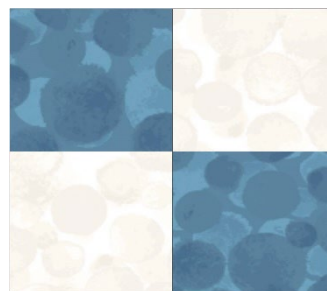
From fabric 8 cut

4 x 2" x WOF for sashing strips

Making up the blocks



Block 1 - Flying Geese



Block 2 - Four patch

Flying Geese block. Lay out the fabric pieces as in block diagram. Sew by numbers. Stitch the long side of the small triangle to the long side of the large triangle, press and then do the same to the other side.

You need 60 blocks in total.

Four patch blocks.

Stitch the fabrics strips 7 & 8 together down the long edge with a ¼" seam, press open. Now cut strips into a 2" x 3½" piece. You need 90 strips in total.

As in block 2 diagram sew two strips together to make a square. You need 15 squares for each row.

Make up the runner.

Lay out the blocks as in the main diagram. Stitch down in rows. Next sew the rows together to complete the runner center.

Border

Sew the top and bottom to the runner, press back. Next add the sides to complete the runner top.

Quilting and binding

Sandwich the quilt top, wadding and backing together.

Quilt by hand or machine as desired. Trim the backing and wadding to size of quilt.

Use your favorite method from fabric 1 to bind the quilt.

